Herb Paris has been found at over 60 locations in the AONB. We are monitoring a subset of the following 27 plants/groups of plants.

More information about these and the other locations are given in the main spread sheet and individual data sheets.

Paris quadrifolia is an indicator of ancient woodland. It grows very slowly but can form very large clumps,. It dies down completely over winter. It likes damp shady woodland areas.

Its fruit is a single black berry. Count either the individual leaf spikes or give the measurements of the patch.





Site Grid Ref Recor Date Number Comments figure der 4377 Frith Wood SD4381377490 ΑK 06/05/23 on path along edge of Frith Pond 100 along middle path at north end 01/05/23 4478 Grubbins SD449781 MT 4577 Redhills Wood SD4597277619 ΑK 28/04/23 | 12ftx12 ft By the RHS of the main path going up through the wood. 24/05/23 a few very overgrown by edge of path along 4676 Middlebarrow SD4608876859 ME bottom of Middlebarrow wood spikes Wood 01/05/23 6 Eaves Wood, track towards elmslack **Eaves Wood** RS 4676 SD4693376162 4775 Burton Well SD4711375174 JW 01/05/23 >100 behind well. Looking great 02/05/23 20 50metres past track to guide camp 4776 Eaves Wood ΑF SD47047605 02/05/23 Waterslack near end of old garden centre 100 ΑF 4776 Waterslack SD47047661 by railway 03/05/23 150-200 6metres past track to guide camp ΑF 4776 **Eaves Wood** SD47057604 05/05/23 on east side of wall running north from 4776 Hawes Water SD4790276769 FΝ 100 02/05/23 behind wall above track to boardwalk LF 15 4776 Haweswater SD4787676821 02/05/23 15 Three metres north east from the foot of the ΑF Challon Hall 4777 SD47387724 sloping limestone crag 02/05/23 50 About ten metres south of the wall c50 ΑF 4777 Challon Hall SD47467724 03/05/23 over 100 Gaitbarrows on the left hand side going 4777 **Gait Barrows** SD4788777458 AF south on the main public footpath spikes 4777 Coldwell SD4798077881 ΑK 29/04/23 100 The clumps inside the reserve were Parrock planted there around 20 years ago 07/05/23 20 Hiding in wide hedgerow LF 4778 Car bank road SD4719978341 4778 **Teddy Heights** SD4758079052 ME 06/05/23 20 Glacial Valley 01/05/23 2 large inside a small copse on the north side of 4875 Leighton Moss SD4830475719 ΑK clumps Storrs Lane. 01/05/23 6ft by 6ft on the north side of Storrs Lane ΑK 4875 Leighton Moss SD4900775971 4878 Dollywood ΑK on south side of Dollywood Lane in low 03/05/23 scattered SD4850978229 Lane lying area about 6 metres from path 4877 Dollvwood SD4845778234 JC 01/04/23 large on LHS side of Dollywood lane heading to Hazelslack under hedge Lane clump 11/05/23 small getting smothered by bracken and bramble 4973 Three Brothers ME SD49497336 patch Warton 10/05/23 over 60 both sides of Occupation Lane. More small 4973 Warton Crag SD4924073249 MF spikes clumps at SD4922473251 and SD4920073255. 200 along the edge of the woodland 09/05/23 SB 4977 Thrang End SD4977177110 03/05/23 of 10-20 along roadside in hedge 4977 ΑK Marble Quarry SD4989077807 side 01/05/23 >100 Hyning Wood 5073 Hyning Wood SD5017473851 JΕ

Hale Moss

SD5036977749

LFetal

5077

07/08/23 1 spike

hazel woodland near road

