

## Summary

## Broad-leaved Helleborine

## Epipactis helleborine

This is generally widespread in our area and we have only listed 16 of the areas it occurred in this year. Many plants did not appear during the drought but flowered about 2 months later than usual. While some spikes re-appear year after year, others seem to vanish after a few years with new plants coming up near-by.

## Epipactis helleborine

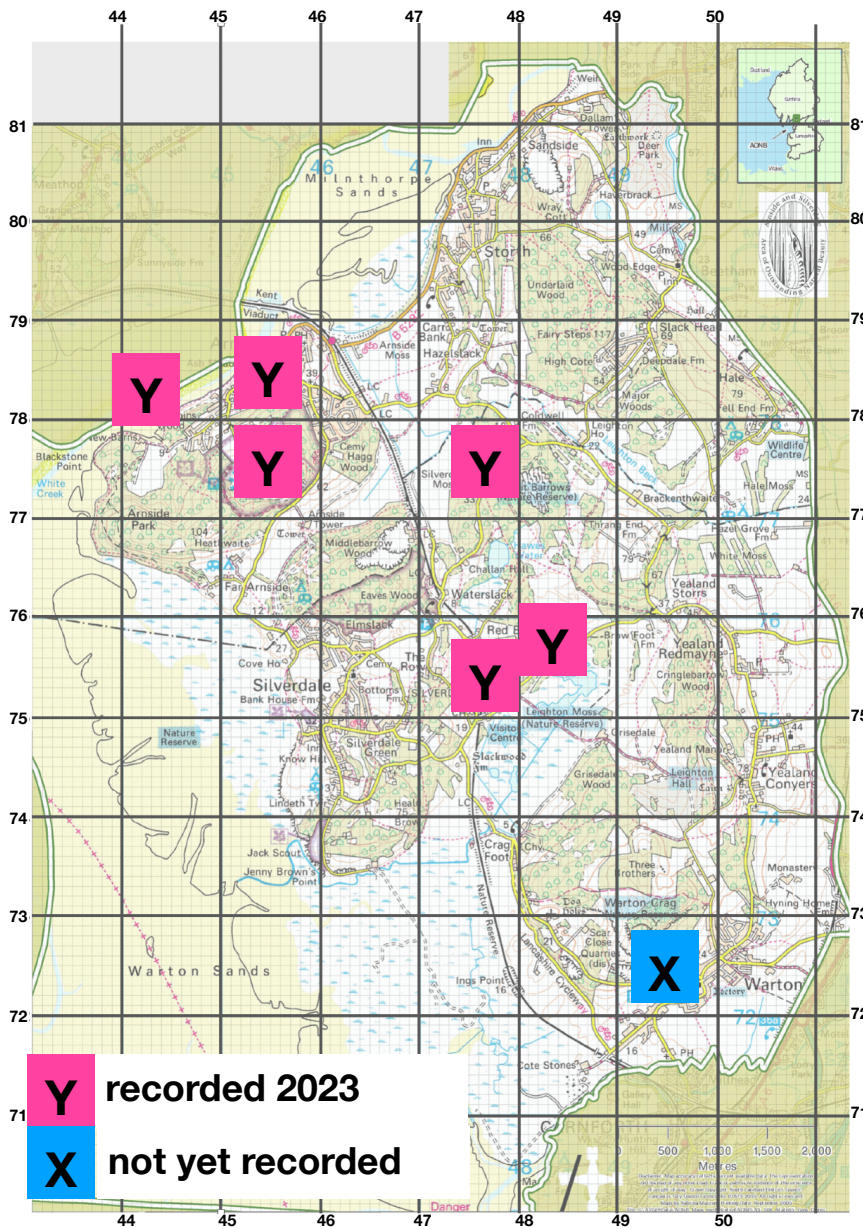
4 figure	Site	Grid Ref	Recorder	Date	Number	Comments
4478	New Barns	SD4479877898	LF	17/06/23	4	4 plants on LHS of road down to New Barns opposite gate to the Hollies.
4577	Arnside Knott	SD4557577469	AK/LF/ SF	03/06/23	12 plus	12 plus in shade of fallen beech tree not yet in flower, LF/SB 85 plants by 06/07/2023 with 12 in flower
4577	Arnside Knott	SD4549677588	CH	30/05/23	1	just along from the heart carving on the tree.
4577	Arnside Knott	SD4535377285	LF/SB	05/07/23	14	3 flowering and 4 veg under larch NW of small path plus SD4535.7725 3 flowering and 2 veg under Larch and SD4636.7725 1 flowering and 1 veg
4578	Arnside Village	SD4519878463	LF	04/06/23	6 spikes	6 flowering stems just downhill from metal fence on path from beach cafe to old youth hostel. By 02/08/2023 it had grown to 14 spikes with a further 6 spikes just below the top of the path at
4578	Redhills Wood	SD4588378030	AK	30/07/23	1	on bottom path from High Knott road to the cemetery entrance on LHS
4775	The Row	SD4741075186	AK	18/08/23	4 spikes	two plants by the side of the road on the golf course side.
4775	Trowbarrow	SD4771875725	AP/VE	08/06/23	14 spikes	four other spikes nearby. All looking very healthy and about to flower. Also 2 plants at SD4799775776 and SD4781075749 LF 15/08/2023 and 1 [plant by path at SD4799975775 AK 02/09/2023
4776	Hawes Water	SD4786076783	LF	02/06/23	3	Schoenus field by the pines. none found where fence was which has been swamped by bramble etc.
4777	Gait Barrows	SD4799977443	LF	16/05/23	1	1 plant under yew
4875	Trowbarrow	SD4804875809	LF	15/08/23	1 plant	under scrub near read wall also 7 plants at SD4805975780 near notice board

30 March 2024

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Leaves are produced in a spiral round the stem not alternate sides and the flower is green/ pink with a deep red throat.

Some of the marks on the map record more than one area.

I have no records for 2023 for the Warton or Jack scout area or for the Beetham area.