

Dark Red Helleborine is an orchid of limestone screes and pavements. Its flowers are often nibbled off by deer. The stem is hairy and the leaves come off either side, not in a whorl like the Broad Leaved Helleborine.



Epipactis atrorubens historical data

4 figure	Site	Grid Ref	Recorder	Date	Number	Comments
4477	Copriding	SD4477				
4576	Heathwaite	SD4576				
4577	Arnside Knott	SD4535777288	LF/SB	06/07/23	2 plants	2024: AK 1 plant SD4535177293 2 june
4577	Arnside Knott	SD4536377258	LF/SB	06/07/23	4 plants	2024:AK 3 plants at SD4536377278 2 june
4577	Arnside Knott	SD4514277419	AMcLay	12/06/24	14	Limestone Scree
4676	Middlebarrow	SD4694676791	DS	04/06/24	2	in scree outside quarry fence
4676	Middlebarrow	SD4624376381	DS	06/06/24	13	Limestone pavement 5 with buds
4776	Hawes Water	SD4784376785				covered with bramble. no sign
4777	Gait Barrows	SD4799777465	LF	30/05/24	1	in bud. also 1 at SD4799677469 AK
4875	Trowbarrow	SD4875				?
4877	Gait Barrows area	SD4820377301	LF	16/05/23	2 plants	near cairn
4878	SD4878	SD483787				
4880	SD4880	SD480805				
4972	warton crag	SD4935272436	HR	24/06/24	25	also 3 spikes at SD4932472443
4972	warton crag	SD4932572446	HR	24/06/24	10	also 27 at SD4922972440

